

Covid -19 Community Group for Thirlwall - Circular 2

We have produced this second circular to continue to ensure everyone in our community has access to any new information. We will again post out this circular to those living in the outlying locations as well as hand-deliver to those nearby in Gilsland and Thirlwall. We are grateful to those who entrusted us with their email addresses and will send them emailed copies. If others want to take advantage of that option, do please get in touch. We will also aim to produce another of these Circulars again in a fortnight's time.

In this issue you will see an update on the work done by our local COVID-19 Community Group, an important message to the community on uncollected prescriptions being held in Brampton, plus a welcome contribution with 'Thoughts For The Day'. The various items of contact information, with webpages and telephone numbers have been retained for reference – along with an update from the Gilsland Village Hall page on Facebook.

Thanks to those who got in touch to tell us how much they appreciated receiving the first circular. Please continue to let us know what you think, tell us if email copies are OK for you, and please suggest any items you think we can include in future Circulars. Our thanks to everyone who has helped support their neighbours and to all who have been involved.

Gilsland & Longbyre Covid-19 Community Group supported by Thirlwall PC.

Last time we provided a List of Traders & Services in both Cumbria & Northumberland. This information was drawn from various online sources. If you need a copy of this again, we have posted it online at the Gilsland Village Hall Facebook page (see below) and in the News section of Thirlwall PC's website. Within this circular we have added new information on other Traders & Services we now know about. Many thanks to all those people who have taken the time to tell us about these local traders. That really helps everyone in our community.

Gilsland & Longbyre Covid-19 Community Group

Within the community, friends and neighbours are supporting each other but we want to make sure that nobody finds themselves stuck. Gilsland & Longbyre Covid-19 Community Group has been set up with this in mind. This is for people living in Gilsland and Longbyre only, as small and local works best. Please don't be too shy or proud, and there is no adult age limit to who they will help.

In the past two weeks the group have successfully helped in coordinating:

- The collection of medical prescriptions from Brampton & Haltwhistle;
- Posting parcels and other mail;
- Sorting out food parcels & sharing out some food donations to others in need; and,
- Help with information on services & businesses still working within the local community.

We cannot provide medical advice, or social care services. You need to contact the NHS or your local council about these issues. Please note, we are local volunteers, we will try to help if we can. We thank all those who have willingly helped out to run all these errands & provided the support.

If you need any help:

- You can call Jayne for Gilsland village – 016977 47995 / 07852 131962
- You can call Janet for outlying areas, including Longbyre – 016977 47439
- You can email thirlwallcommunity@outlook.com and a group member will respond
- You can also check for updates & message the Gilsland Village Hall Facebook page at:

<https://www.facebook.com/GilslandVillageHall/>

Covid -19 Community Group for Thirlwall - Circular 2

County Councils and Parish Councils Contact Information

| | |
|---|---|
| <p style="text-align: center;"><u>CUMBRIA</u></p> <p>COVID-19 Emergency Support Line Call: 0800 783 1966 Email: COVID19support@cumbria.gov.uk <i>For people at high risk of becoming seriously ill from COVID-19 & who don't have support from friends, family or neighbours.</i></p> | <p style="text-align: center;"><u>NORTHUMBERLAND</u></p> <p>Northumberland CC's COVID-19 information page: www.northumberland.gov.uk/coronavirus <i>This webpage provides the latest news and advice & useful links for further information.</i></p> |
| <p><u>Upper Denton & Waterhead Parish Councils</u> Website: https://upperdentonpc.org.uk/</p> | <p><u>Thirlwall Parish Council Website:</u> https://visitgilsland.org.uk/index.php/thirlwall-home.html</p> |

URGENT REQUEST

PLEASE COLLECT BRAMPTON MEDICAL PRACTICE ORDERED PRESCRIPTIONS.

Brampton Medical Practice has thousands of prescriptions ordered as far back as a month ago waiting for collection. These were all needed right away so can't understand why they are not being collected.

Our Collection hub at **William Howard School** is open Monday to Friday 10-4 and Saturday 8-10:45.

If you can't collect please ask family/friends or volunteers to collect. All they need is your name, address, date of birth and number of items to collect.

Please help us as we are running out of space. Our staff are working extremely hard to get prescriptions ready in 7 days.

Thank You

Brampton Medical Practice Team

If you need further assistance please call the Brampton Helpdesk on 016977 3433

Carlisle City Council Refuse Collection

Green Bin Garden Waste Collections will be phased back in from w/c 27th April, one collection per month. Gilsland looks set to be done on 4th May, but you might want to check your own collection dates on:

<https://www.carlisle.gov.uk/residents/bins-and-recycling/rubbish-collections>

Or you can call on: **01228 817200** to talk to someone on the Customer Contact Centre

Haltwhistle Household Waste Recovery Centre re-opens Monday 4th May

Open times: Friday – Monday 8am – 6pm
(Closed Tuesday, Wednesday & Thursday)

Carlisle City Council – Coronavirus Business Support – Update 23rd April 2020

We have now awarded £19.74 million in grants to 1,730 businesses in Carlisle.

We continue to process government grants available for businesses affected by the Coronavirus outbreak with payments being made on a daily basis. We have written to all eligible businesses within the Carlisle area and are urging businesses to contact us with the necessary information to allow us to process the remaining grants.

Any business that has any concerns or has not received a letter, and thinks they are eligible, is asked to contact us by emailing NNDR@carlisle.gov.uk

Covid -19 Community Group for Thirlwall - Circular 2

More Traders & Services – as before, please always check directly with them first to ensure their details are correct before you travel to see them or make any payments to them.

Haltwhistle Butchers - are operating a pre-order delivery service only. Pay by Card or Bank Transfer. Could people please order via telephone **01434 322 322**.

Poltross Enterprises – revised opening hours – now open Monday, Tuesday, Thursday & Saturday, from 10am until 3pm. You can place an order for delivery by emailing sales@poltross.com – put your phone number in the email message so we can call and payment can be arranged. You can still call on **01434 321111** but please bear in mind we may not be able to take every call while we are busy.

Bee Baked – in Brampton, opening for a few hours middle of each day for bread, rolls, cakes, etc. Orders are welcome and we will make them up, ready for you to collect. Call **016977 3555**.

Brampton Wood Fuels – Plenty of stock, open 5 days (closed Wednesday & Sunday). Delivery service. Call **016977 42536** – www.bramptonwoodfuels.co.uk

ABW - Due to very high demands we will now be closing from 12 till 1 on a daily basis to ensure we are stocked up and ready for all of our lovely customers needs. Tel: **016977 2856** and E-mail: abwhardware@btconnect.com

For people struggling in these difficult times.

SAMARITANS: 24 hour helpline to talk about any issue or support call **116 123**

CHILDLINE: **0800 1111** or go online to <https://www.childline.org.uk/info-advice/>

LGBT: Domestic Abuse Help **0800 999 5428** or online <http://www.galop.org.uk/domesticabuse/>

WOMENS AID: 24hr helpline **0808 2000247** or online <https://www.womensaid.org.uk/>

MALE: victim abuse help **0808 8010327** (mon to fri 9-5)
<http://respect.uk.net/information-support/male-victims-of-domestic-violence/>

RESPECT: (for perpetrators who need help to avoid situations and help to self control)
0808 802 4040 Open Monday-Friday 9am-5pm.

The Silent Solution system enables a person making a 999 call from a mobile, who is too scared to make a noise, to then press 55 when prompted by an automated system.

If they press 55, it will inform police they are in a genuine emergency & they can then attend the scene.

Gilsland & Longbyre Covid-19 Community Group – Additional Help

If any residents in our neighbourhood are in need of extra help, the group can arrange for a small food parcel to be delivered. You do not need to tell us details about your personal circumstances, just please get in touch.

You can contact Janet – just call **016977 47439**

Covid -19 Community Group for Thirlwall - Circular 2

GILSLAND VILLAGE HALL

The hall is only open for the **Post Office Outreach Service** currently running on Thursday and now Friday mornings too - 9.30am to 12.30pm. Please follow the social distancing layout. They are bringing some items from their shop and you can always order items on Thursday to then pick up on Friday if you cannot get out of the village.

We also have a selection of secondhand books so please help yourselves - as the weather may change they will be in boxes under the memorial bench.

The Village Hall's Facebook page is being continually updated with the latest information on local services, shops and deliveries so have a look and let us know if there is anything we can add. Email enquiries gilslandhallcommittee@gmail.com

Thoughts for the Day

What strange days we are living in!

Easter 2020 will be remembered as one like no other. No walk of witness on Good Friday, no Sun-rise Service at Banks Turret & no gathering together in Church or Chapel to sing Easter hymns of praise to our risen Lord. However, in these days of modern technology, there are web sites to access Sunday Worship, prayer links & encouragement from Christian organisations.

The Methodist Church is providing worship at home sheets:

<https://www.methodist.org.uk/our-faith/worship/singing-the-faith-plus/seasons-and-themes/worship-during-the-coronavirus-pandemic/>

Or <http://www.bramptonmethodistchurch.co.uk/> (also on Facebook)

Amidst these lockdown days of sadness & uncertainty there are shining lights of human kindness: neighbours & communities looking out for each other, supermarkets helping food banks & volunteers delivering food parcels to those in isolation, clothes manufacturers making protective garments for NHS/Carers, Thursday evening clapping for NHS staff & lastly Captain Tom walking 100 laps of his garden by his 100th birthday to raise over 32 million for the NHS. As a Methodist Local Preacher I cannot, at present, lead worship in Church but while doing my daily exercise I am prayer-walking Gilsland village & lifting you all up to the Lord in prayer.

We will get through this & I pray we will all be changed for the better as people, a nation & the world. Fear not all will be well.

Future Circulation & Distribution

We want to email out this newsletter to as many people as possible. This will help keep costs down & safely limit the distance our delivery volunteers have to travel.

Therefore if you can provide us with an email address to use, please let us know at gilslandhallcommittee@gmail.com

We would also welcome more volunteers to help us hand-deliver these Circulars to your neighbours – if you think you can help us, please get in touch via the Village Hall email address above.

Remember: Friday 8th May is a Bank Holiday for the 75th Anniversary of VE-Day (Victory in Europe).